US takes Colombia's side in escalating row with Venezuela pg 2

As of July 27 Aruba will be an airline hub between Venezuela and Miami pg 3

7 banks fail Europe's stress test pg 11

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Saturday, July 24, 2010

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W.E.B. establishes the "ing José M. Laclé Excellence in Technology Scholarship



Edwards parents sign the agreement.



from left, Robby Croes, Jossy Lacle, Glenda Gil, Eward Jimenez on screen, Eduardo Jimenez, Wilfrido Croes

Water-En-Energiebedrijf Aruba N.V., aka WEB, announced the first awarding of the " W.E.B. Aruba N.V. ing. José M. Laclé Excellence in Technology Scholarship" for students who wish to earn degrees in various fields of electrical, civil mechanical, chemical or environmental engineering. It is named for W.E.B.'s director of the past 19 years who retired last October, Jossy M. Lacle, in honor of his masterful stewardship of Aruba's water and energy provider. During his visionary leadership he brought W.E.B. into the 21st century technologically, and also established a sound, viable corporation when it was privatized in 1992.

The announcement of the new scholarship was made at the W.E.B. plant in Balashi on Thursday, July 22, demonstrating their full deployment of today's technology by having the first recipient, Edwards Jimenez, present at the informal ceremony via video conferencing. Edward is now studying Electrical Engineering at the University of Central Florida (UCF) and his parents, Eduardo and Glenda were proud to share the moment with him, real time. As they signed the official scholarship agreement on his behalf. Edwards has two more years until he receives his degree.

Presenting the scholarship were Robby Croes, president of the scholarship committee, and Wilfrido Croes, acting director of W.E.B. on behalf of Director O.J. Boekhoudt, who was off island at the time. This first year, the committee, consisting of Lucia Werleman, Lidia Beukenboom-de Cuba with the support of Clyde Harms and Etley Lasten of the Aruba Scholarship Foundation, evaluated the applications of five candidates before selecting Edwards Jimenez.

The new scholarship will be awarded every three years, supporting a new student in advancing his education while the last recipient is in his final year. Scholarship students must maintain a respectable grade point average and their course of study must be in a field required for employment at the island's power and water plant. It stipulates that recipients must return to Aruba upon graduation to work for a proscribed period of time at W.E.B. Aruba N.V.

by Rosalie Klein



Storm weakens but to regain punch over Gulf of Mexico

MIAMI, Florida (AFP) - The storm system which is disrupting oil clean-up efforts in the Gulf of Mexico made landfall in Florida Friday and weakened to a tropical depression, but was expected to regain strength, US forecasters said.

Shortly before 2100 GMT the National Hurricane Center reported that Bonnie's center was approaching the west coast of southern Florida and was due to soon traverse into the Gulf, where warm waters will help the system regain strength on its northwest path towards oil spill response operations.

The depression was moving west-northwest at nearly 30 kilometers (18 miles) per hour, with diminished sustained winds of 55 kilometers (35 miles) per hour, with higher gusts.

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US takes Colombia's side in escalating row with Venezuela

BOGOTA, Colombia (AFP) - The United States threw its support behind key ally Colombia Friday in a row with Venezuela that has seen the South American neighbors break ties amid escalating military tensions.

Colombia's allegations that Venezuela was harboring 1,500 Colombian rebels in camps on its territory -- the trigger for the dispute -- "need to be taken very seriously," the US State Department said.

State Department spokesman Philip Crowley told reporters in Washington, however, that Venezuelan President Hugo Chavez's decision Thursday to sever all diplomatic relations with Colombia and put border troops on alert was "a petulant response."

Venezuelan Attorney General Luisa Ortega said soldiers were being mobilized to border towns to boost security. And Defense Minister Carlos Mata said that, while the frontier was currently calm, the army was ready to "give a robust response" if Colombian forces attacked.

Fear the confrontation could spill over into military action galvanized other countries in the region.

Brazilian President Luiz Inacio Lula da Silva was to make an August 6 trip to Venezuela to try to defuse the situation with Chavez, his office said.

Ecuador's President Rafael Correa said he was seeking a meeting of leaders from the Unasur regional bloc to help resolve the row.

The row revived long-simmering tensions between Colombia, the biggest US military ally in the region, and Venezuela, a friend of Cuba that has used its oil wealth to accumulate an arsenal of modern Russian warplanes and weaponry.

The two countries almost went to war in 2008 over a raid Colombia made into Ecuador to destroy a rebel Revolutionary Armed Forces of Colombia (FARC) camp.

Last year, Chavez froze ties with Colombia after Bogota agreed to give the US military access to seven of its bases to fight cocaine production and trafficking -- activities in which Colombian rebels are deeply involved.

Colombia now claims Venezuela is serving as a rear base for insurgents from the FARC and the smaller National Liberation Army (ELN).

Colombian President Alvaro Uribe -- who hands over the reins of power to his former defense minister early next month -- launched the allegation last week. On Thursday, his envoy to the Organization of American States (OAS) produced photos, videos, coordinates and satellite maps he said proved rebels were operating out of more than 80 camps in Venezuela.

Chavez, denying the allegations, said his army pursued any Colombian insurgents in Venezuela. He accused Uribe of using the putative camps as a pretext "to attack us and cause a war."

The United States -- which has funneled eight billion dollars in military aid to Colombia over the past decade, made it clear it supported Bogota.

"Venezuela has an obligation to Colombia and to the international community to fully investigate this information and move to prevent the use of its sovereign territory by terrorist groups," the State Department said in a statement.

Crowley, said that "if Venezuela fails to cooperate in whatever follow-on steps are made, the United States and other countries will obviously take account of that."

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Last five freed Cuban dissidents arrive in Spain

MADRID, Spain (AFP) – The last five of a group of recently freed Cuban dissidents arrived in Spain yesterday along with several of their family members.

The five men, aged between 39 and 66, arrived at Madrid's Barajas airport on two commercial flights from Havana.

They completed the list of 20 who have accepted residency in Spain after Madrid helped broker a deal reached on July 7 between the Cuban government and the Roman Catholic Church to gradually free 52 detainees.

The remaining prisoners will remain in Cuba or leave for the United States.

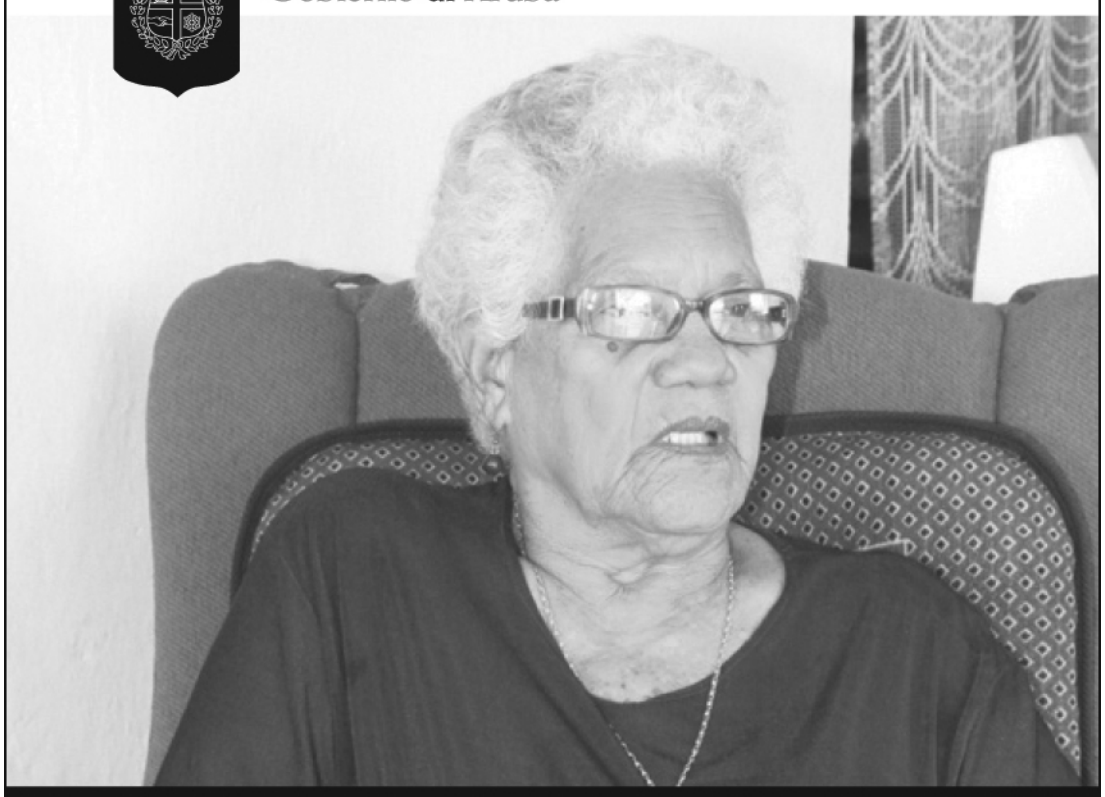
If all 52 dissidents are freed, it will be the largest release of Cuban prisoners since 1998 when 300 dissidents were spared jail time following a visit by then pope John Paul II.

The deal came after dissident hunger striker Guillermo Farinas nearly starved to death.

Havana wants to avoid a repeat of the death in detention of political prisoner Orlando Zapata on February 23, as it seeks closer international ties to improve its slumping economy.

And Cuba's parliamentary chief Ricardo Alarcon has said the country was ready to release more detainees.

Gobierno di Aruba



Pabien cu dia di pensionado

Gobierno di Aruba ta manda palabra di caluroso pabien awe na tur pensionado riba nan dia.
Boso trabou duro a duna su frutonan.
Gosa di e dia di awe den presencia di boso sernan keri !



Pressure mounts on CDA to back right-wing coalition

THE HAGUE, The Netherlands -- Pressure is mounting on Christian Democrat leader Maxime Verhagen to join talks on forming a new coalition government with the VVD Liberals and anti-Islam PVV, despite the party's poor showing in the June 9 general election, it was reported yesterday.

VVD leader Mark Rutte, the PVV's Geert Wilders and Labour leader Job Cohen all advised new cabinet negotiator Ruud Lubbers to focus on a right-wing cabinet in their meetings yesterday.

And yesterday morning, Lubbers said he wanted the the VVD, PVV and CDA leaders to sit down and talk about some form of 'alliance' between them.

It is not yet clear what Verhagen, who told Lubbers he backed a VVD CDA Labour coalition, will now do.

When the right-wing option was first looked at in early June, Verhagen refused to join in. He said Rutte and Wilders first had to agree on a number of controversial subjects, such as Wilders call for a tax on Muslim headscarves, ethnic registration and a ban on the Koran.

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Suriname president promises not to interfere in his own murder trial



Desi Bouterse, in center

PARAMARIBO, Suriname -- Ex-dictator Desi Bouterse vows to respect judicial independence after remarkable comeback sees him elected president

A former dictator and convicted drug trafficker who has been elected president of Suriname has promised not to interfere in his trial for allegedly murdering opponents during his military rule.

Desi Bouterse, a one-time pariah who has made a remarkable political comeback, said he would respect democratic norms and judicial independence.

Parliament elected him president earlier this week after months of negotiations. Bouterse's coalition, called the Mega Combination, won most seats in elections in May but needed a small party's backing to clinch his return to power.

Once he is sworn in next month, Suriname, a former Dutch colony of patchily populated jungle on the northern tip of South America, will have one of the world's most controversial leaders.

Bouterse seized power in 1980 soon after independence from the Netherlands. He was accused of human rights violations, notably the December 1982 massacre of 15 politicians, journalists and other regime critics. He was also accused of abusing power to protect drug shipments. In 1999 a Dutch court convicted him in absentia of cocaine trafficking and sentenced him to 11 years. Since then he has avoided travel to countries having extradition treaties with the Netherlands.

Civilian rule returned to Suriname but disappointment with an economy dependent on mining and agriculture enabled Bouterse to claw back popularity by promising to spread wealth more evenly.

As president Bouterse will not be immune from prosecution in Suriname but could grant himself an amnesty if convicted. A spokesman, Winston Lackin, said the trial would run its course. "The president-elect has guaranteed that the justice system will continue to function independently, without any interference."

Minister Otmar Oduber:
As of July 27 Aruba will be an airline hub between Venezuela and Miami





Minister of Labor, Transport and Tourism, Otmar Oduber expressed as part of his management plan, the wish to introduce an airline hub service on Aruba.

An airline hub is an airport that an airline uses as a transfer point to get passengers to their intended destination. It is part of a hub where travelers moving between airports not served by direct flights change planes en route to their destinations.

Some airlines may use only a single hub, while other airlines use multiple hubs. Hubs are used for both passenger flights as well as cargo flights.

During a recent meeting between Minister Oduber together with project coordinator, Aruba's Xiomara Winklaar, and representatives of Venezolana and Vision Air, the final details were handled to introduce this service at the Aruba airport where tourists leaving Caracas, Venezuela and Maracaibo will come to Aruba and from here board a plane from Vision Air to Miami.

Taking into account that there are already existing between Venezuela and Aruba (three weekly flights from Caracas and Maracaibo), Vision Air charter will start with daily flights on July 27 using Aruba as a hub between Venezuela and Miami. This brings along great business opportunities, particularly from the Venezuelan market; there will be daily flights from Caracas, Maracaibo and Valencia to Aruba.

There is also the opportunity to create a dual destination, where tourists can stay a few days on Aruba before boarding the plane to Miami or stay here after coming from Miami before going back to Venezuela.

This new development creates business opportunities for our airport by means of landing and parking fees. Also the drop of Venezuelan tourists to our island can be lessened. It surely is a very important step for the development of our tourism and aerial transport.

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Aruba government giving 21 neighborhood attention





Yesterday morning, Aruba Prime Minister Mike Eman went to Dakota where he met with children of two summercamps who are busy beautifying the neighborhood. The Aruba government is busy with a project renovating the different districts of Aruba, improving the livelihood of inhabitants.

There are different plans to accomplish this i.e. painting of houses and planting of trees. Yesterday the orthopedic school , situated in Dakota, got a facelift, where the volunteers planted trees in front of the building. Minister Eman was all hands, helping with the planting.

Now the students must take care of the trees, which, taking into account their age, is a very important task.

Photos show the kids preparing the ground for planting and Minister Eman planting a tree with the help of the enthusiastic 'cunuceros.'

Minister Michelle Hooyboer-Winklaar, another volunteer of the project 'Bon Nochi Drumi Dushi" – Good Night Sleep Tight



With a lot of enthusiasm Minister of Economic Affairs, Social Affairs and Culture, Michelle Hooyboer-Winklaar prepared herself to be part of a group of volunteers who has as goal to stumulate reading at home, and also stimulate parents to read bed time stories to their kids every night. Under the guidance of author Olga Buckley, the group visits different homes to read to the children. The project already has won different awards.

After an orientation visit to the different houses to meet the children and know what stories they like, Minister Hooyboer-Winklaar read twice at each house. One house is situated in Kudawecha and the other in Washington with children between 5 and 10 years old. Sitting together on a bed, Minister Hooyboer-Winklaar enthusiastically told them stories while the kids paid much attention. At the end of the readings the Minister talked with the parents and expressed her wish that they too could make it a habit of wishing their kids a Good Night by reading them a bedtime story.

The bondage that reading creates between parents and children is very valuable; every new word a child hears enriches his knowledge and stimulates his fantasy.

Minister Hooyboer-Winklaar said that she is very satisfied to be part of such a valuable project and encourages other parents to also actively participate with this project 'Good Night, Sleep Tight.' Even though her time is very limited, she still supports the project and will continue volunteering on a regular basis.







Photos show Minister Hooyboer-Winklaar reading to the children.

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Art Rules Aruba fills summer vacation with creativity





Almost 250 teens are spending summer vacation in the company of international artists, here on the island to help conduct the two-week Art Rules Aruba workshops.

It started off great, say founders Ira & Ayra Kip, of the Pancake Gallery Foundation, the kids were all very excited and open to express their feelings, their experiences, and their talents. The first day was spent on introductions, the exchange of touching personal stories and the verbalizations on dreams for the future. The second day got down to the business of creativity, in seven different disciplines, Dance, Theater, Rap & Poetry, Film, DJying & Music Production, Photography & Design.

Two important dates are upcoming for Art Rules Aruba. On July 24th, a music party at Confessions nightclub on Palm Beach will showcase DJ Face, DJ Motet, and DJ Top Rock. The party will be emceed by JC, and party-goers must be 21 to attend.

The final production of Art Rules Aruba will unfold at Cas di Cultura on July 31st and will showcase the students' progress. The general public is invited to watch the production, presenting an exclusive Theatrical Multimedia Art Exhibition and Performance.

Tickets for the Art Rules Aruba showcase can be purchased at Cas di Cultura, Unoca and Scol Di Arte.

For more information you can also visit www.artrulesaruba.com





*matinee: everyday | **late show: friday & saturday

AT RENAISSANCE - ORANJESTAD

PG-13 NEW	INCEPTION				
	daily:	8:00			
	matinee:		late show:	11:00	
R NEW	UNTHINKABLE				
	daily:	6:45	9:00		
	matinee:		late show:	11:15	
PG NEW	MONSTERS VS ALIENS				
	daily:		4:30		
	matinee: 12:00	14:15	late show:		
PG	DESPICABLE ME 3D				
	daily:	4.30			
	matinee: 12.00	2.15	late show:		
PG	THE SORCERER'S APPRENTICE				
	daily:	5:30	8:00		
	matinee: 12:30	3:00	late show:	11:00	
PG	THE KARATE KID				
	daily:				
	matinee: 12:15	3:15	late show:		
PG-13	GROWN UPS				
	daily:	4:45	7:00	9:15	
	matinee: 12:00	2:30	late show:	11:30	
PG	TOY STORY 3 3D				
	daily:		5:30		
	matinee: 12:30	3:00	late show:		
R	PREDATORS				
	daily:	6:30	9:00		
	matinee: 1:30		late show:	11:50	
PG	THE LAST AIRBENDER				
	daily:	6:45	9:00		
	matinee:		late show:	11:15	

AT PASEO HERENCIA

PG-13 NEW	SALT Starting Monday July 26TH				
	daily:	4:15	6:30	8:30	
	matinee:		late show:	11:00	
G	THE PRINCESS AND THE FROG				
	daily:				
	matinee: 12:00	2:00	late show:		
PG	DESPICABLE ME 3D				
	daily:	4:45			
	matinee: 12:15	2:30	late show:		
PG	THE SORCERER'S APPRENTICE				
	daily:	3:45	6:15	8:45	
	matinee: 1:00		late show:	11:15	
PG	THE LAST AIRBENDER				
	daily:	7:00	9:15		
	matinee:		late show:	11:30	
PG-13	GROWN UPS				
	daily:	4:45	7:15	9:30	
	matinee: 12:00	2:30	late show:	11:45	
PG-13	KNIGHT & DAY				
	daily:	6:30	9:00		
	matinee:		late show:	11:30	
PG	THE KARATE KID				
	daily:	3:30			
	matinee: 12:30		late show:		
PG-13	TOY STORY 3 3D				
	daily:	4:00	6:30		
	matinee: 1:30		late show:		
PG-13	THE TWILIGHT SAGA: ECLIPSE				
	daily:		9:00		
	matinee:		late show:	11:45	

DISPICABLE ME- Comedy/Fam: In a happy suburban neighborhood, sits a black house with a dead lawn. Unbeknownst to the neighbors, hidden beneath this home is a vast secret hideout. Surrounded by a small army of minions, we discover Gru planning the biggest heist in the history of the world. He is going to steal the moon, yes, the moon. Gru delights in all things wicked. Until the day he encounters the immense will of three little orphaned girls who look at him and see something that no one else has ever seen: a potential Dad.

Science/Tech



RIM Previews Media Capabilities of BlackBerry 6

RIM has been best known for the business and e-mail aspects on its BlackBerry smartphones, but with a new blog post about the upcoming BlackBerry 6 OS, it appears RIM wants media capabilities added to that list.

BlackBerry 6, largely expected to launch sometime this summer, will offer a showcase of easy-to-use multimedia functions. New media capabilities on BlackBerry 6 include providing easier photo organization, streaming and sharing video abilities, additional camera controls, and a new podcasts app.

The first thing RIM highlights in the post is the addition of album art for songs, which will make them easier to recognize. On the music front, RIM has added new swiping navigation that will be similar to iTunes' cover flow. For photo lovers, RIM has added new ways to organize photos—by date or by event, for example. There will also be a new way to watch your photos in a slideshow.



Video and camera options have additionally been tweaked for the better in BlackBerry 6. Searching for videos will be easier with a new thumbnail view and viewing videos will be more intuitive with the options to view them in their original default size, fit them to the screen, or in a full-screen view. A new option to upload videos instantly to YouTube is also included. For taking pictures, RIM has added new onscreen controls for its point-and-shoot cameras.

RIM is stepping up its game in other multimedia apps. People who like listening and watching podcasts will find a lot to like with RIM's new podcast app. The new app will let users search, subscribe, and play podcasts directly from their BlackBerry 6 device. Those who want to discover other types of media can do so with BlackBerry's new explorer, which can find music, video, and picture apps in BlackBerry App World.

All of the new capabilities mentioned in the blog post aren't game-changing. The Apple iOS and Android platforms both already do many of these things. But what we are seeing with the BlackBerry 6 OS is that RIM is beginning to take the media landscape more seriously, with the knowledge that users are more demanding now than ever.

Microsoft Releases 'Halo: Reach' Xbox 360 Bundle

Those eagerly awaiting the next installment of Microsoft's Halo franchise can now pre-order a special $399 bundle tied to the game.

The Xbox 360 Limited Edition "Halo: Reach" bundle is now available for pre-order and will be released on Sept. 14, the same day "Halo: Reach" hits stores. It includes the revamped Xbox 360 console, which includes a 250 GB hard drive and built-in Wi-Fi, as well as two limited edition wireless controllers and a standard copy of "Halo: Reach".

It will retail for $399.99, but will be available in limited quantities.

The "Halo: Reach" Xbox 360 includes an exclusive silver design, Microsoft said, and the console also has custom sound effects from the "Halo" universe. The controllers, meanwhile, include artwork inspired by the game. Buyers also get a token for the Limited Edition Elite armor set, an episode of "Halo Legends," and a "Halo: Reach"-themed Xbox 360 wired headset.

An unboxing video of the bundle is available on the Halo Web site.

For those who want to purchase items in the bundle separately, the wireless controller will be available in late August for $59.99 while the limited edition headset will sell for $49.99. They are also available for pre-order now.

For those buying only the game, the standard edition of "Halo: Reach" will retail for $59.99, while Limited and Legendary editions will sell for $79.99 and $149.99, respectively. The Legendary version includes a 10-inch, hand-painted statue of the Noble Team, the Spartan soldiers featured in the game.

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The Mouth-Body Connection: Oral Hygiene Helps Keep You Well

Taking good care of your mouth -- teeth and gums -- does more than help ensure you have a bright, white smile.

A healthy mouth and healthy body go hand in hand. Good oral hygiene and oral health can improve your overall health, reducing the risk of serious disease and perhaps even preserving your memory in your golden years. The phrase "healthy mouth, healthy you" really is true -- and backed by growing scientific evidence.

It's never too early to start teaching your children to take care of teeth and gums -- healthy habits learned in childhood can pay off in adulthood. And, if you're tempted to shrug off your good oral hygiene habits -- brushing, flossing, and seeing your dentist regularly -- remember that you're a role model for your kids. Keep in mind how having healthy teeth and gums helps boost overall health.

Boosts Your Self-esteem and Confidence

Decayed teeth and gum



disease are often associated not only with an unsightly mouth but very bad breath -- so bad it can affect your confidence, self-image, and self-esteem.

May Lower Risk of Heart Disease

Chronic inflammation from gum disease has been associated with the development of cardiovascular problems such as heart disease, blockages of blood vessels, and strokes.

Experts stop short of saying there is a cause-and-effect between gum disease and these other serious health problems, but the link has shown up in numerous studies. The findings of these studies may suggest that maintaining oral health can help protect overall health.

Reduces Risks of Infection and Inflammation in Your Body

Poor oral health has been linked with the development of infection in other parts of the body. In one study, poor oral hygiene and periodontal disease was associated with the development of pneumonia in older people. Bacteria in the mouth can travel into the lungs, causing infection or worsening of lung conditions. Other research has found an association between gum disease and rheumatoid arthritis, an autoimmune disease that causes inflammation of the joints. Experts say the mechanism of destruction of connective tissues in both gum disease and RA is similar. Eating a balanced diet, seeing your dentist regularly, and good oral hygiene helps reduce your risks of tooth decay and gum disease. Make sure you brush twice a day and floss once a day. Using an antibacterial mouthwash or toothpaste can help reduce bacteria in the mouth that can cause gingivitis.

10 Risk Factors for Heart Disease

Some risk factors for heart disease can be controlled, and some can't. According to the American Heart Association, these are the leading factors that put you at risk for coronary artery disease or a heart attack.

•**Age:** More than 83% of people who die from coronary heart disease are 65 or older. Older women are more likely to die of heart attacks within a few weeks of the attack than older men.

•**Being male:** Men have a greater risk of heart attack than women do, and they have attacks earlier in life. Even after menopause, when women's death rate from heart disease increases, it's not as great as men's.

•**Family history**. Those with parents or close relatives with heart disease are more likely to develop it themselves.

•**Race:** Heart disease risk is higher among African Americans, Mexican Americans, American Indians, native Hawaiians, and some Asian Americans compared to Caucasians.

•**Smoking:** Cigarette smoking increases your risk of developing heart disease by two to four times.

•**High cholesterol**: As blood cholesterol rises, so does risk of coronary heart disease.

•**High blood pressure:** High blood pressure increases the heart's workload, causing the heart to thicken and become stiffer. It also increases your risk of stroke, heart attack, kidney failure, and congestive heart failure. When high blood pressure exists with obesity, smoking, high blood cholesterol levels, or diabetes, the risk of heart attack or stroke increases several times.

•**Sedentary lifestyle**. Inactivity is a risk factor for coronary heart disease.

•**Excess weight:** People who have excess body fat—especially if a lot of it is at the waist—are more likely to develop heart disease and stroke even if they have no other risk factors.

•**Diabetes:** Having diabetes seriously increases your risk of developing cardiovascular disease. About three-quarters of people with diabetes die from some form of heart or blood vessel disease.

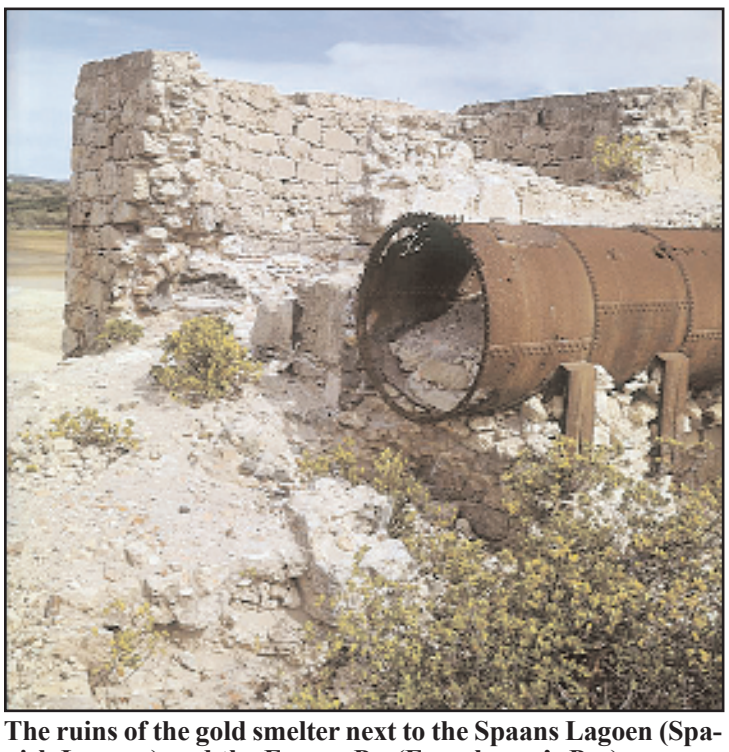
Discover the Treasures Across the Bridge



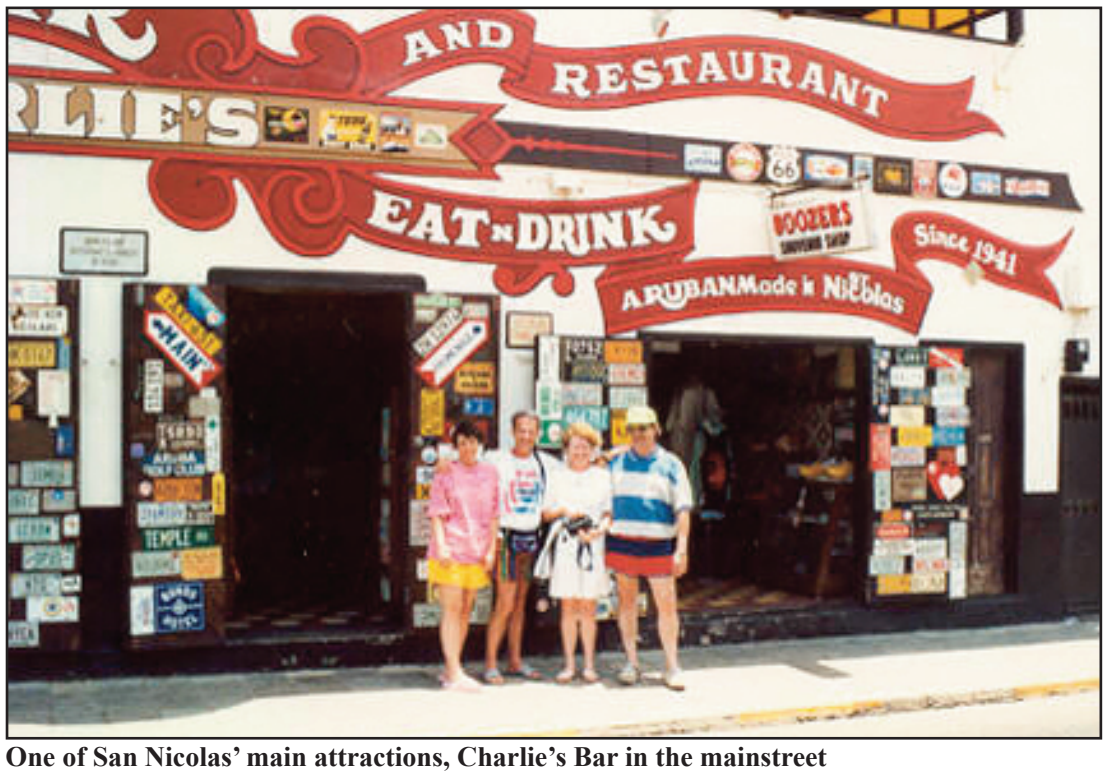
Balashi
Pos Chiquito
Savaneta
Cura Cabai
San Nicolas



Entrance to the inner Bay of Spaan Lagoen



The ruins of the gold smelter next to the Spaans Lagoen (Spanish Lagoon) and the Franse Pas(Frenchman's Pas)



One of San Nicolas' main attractions, Charlie's Bar in the mainstreet



Mangel Halto in Savaneta



House on the reef (Savaneta)

Crossing the Balashi Bridge to San Nicolas, you will find the Spaans Lagoen (Spanish Lagoon).

The Spaans Lagoen is the only inner bay in Aruba, resulting from rising sea levels after the last ice age. Spaans Lagoen is connected with the sea, but it is partially separated by a low-lying bridge. Located off the mouth of the lagoon there are several island keys, which together with the Spaans Lagoen area form a large natural ecological system.

Spaans Lagoen is a reef-protected area. The beach is accessed through the mangove trees in Mangel Halto, on the east side of the island. It boasts shallow waters and fine white sand. It's also an excellent spot to have a picnic lunch.

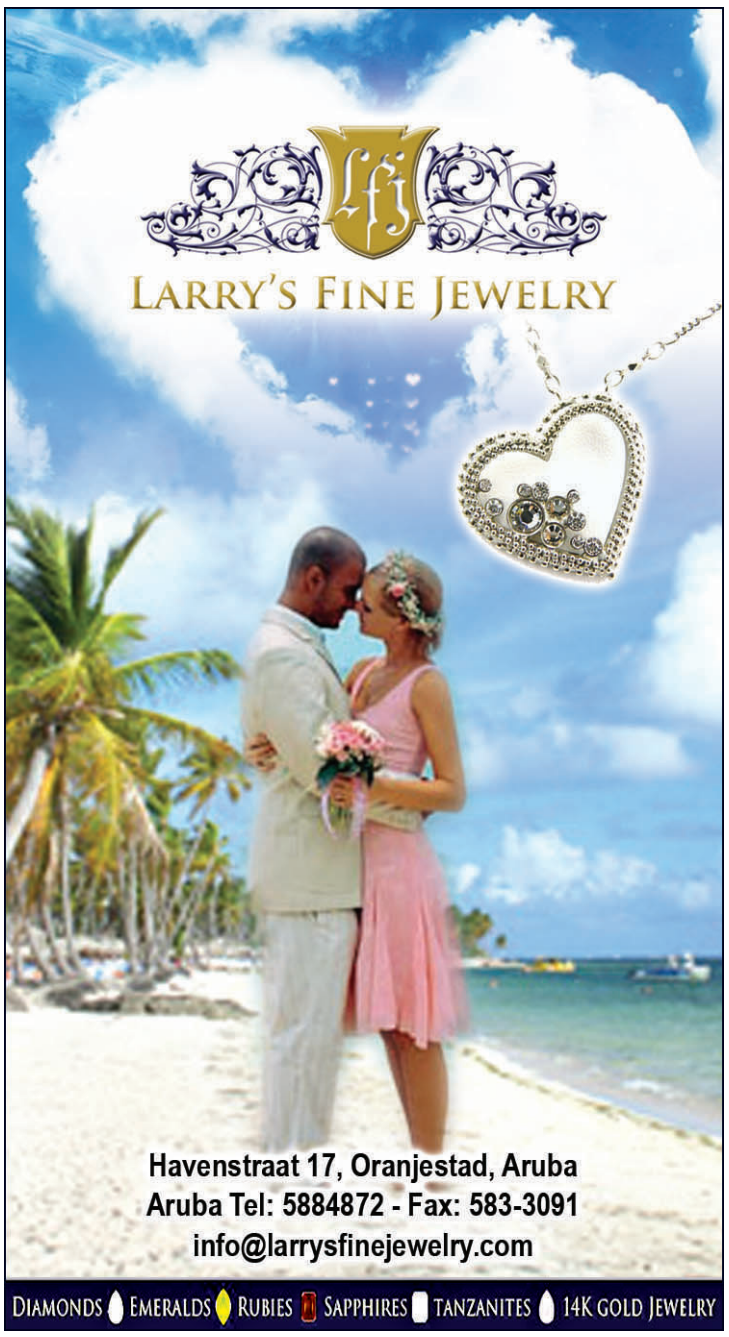
It is one of three Blue Flag beaches developing on the island.There is a gentle sandy entry to the water that is great for children and adults. Beginning scuba divers will love it and the snorkeling is excellent. It is also a wonderful area for kayaking. The Spaans Lagoen area flows into the village of **Pos Chiquito**.

Savaneta is a fishing village in southeastern Aruba. Home to the oldest surviving home in Aruba, it is the oldest town on that island and former capital. It was where the Dutch first settled after they recaptured it in 1816. It is said that Savaneta name became during the Spanish colonization in 1840. Savaneta means Sabana chikito (small savannah).

Heading east to San Nicolas you will encounter **Cura Cabai** located along the west coast of the island.

Driving further you will find Aruba's second largest city, **San Nicolas,** with the majority of residents originally hailing from the British Caribbean. The development of the city is undeniably linked to the oil refinery, the presence of which often stands in sharp contrast to the modest houses of the area and the picturesque beach spots





A charming new option in night life in Palm Beach

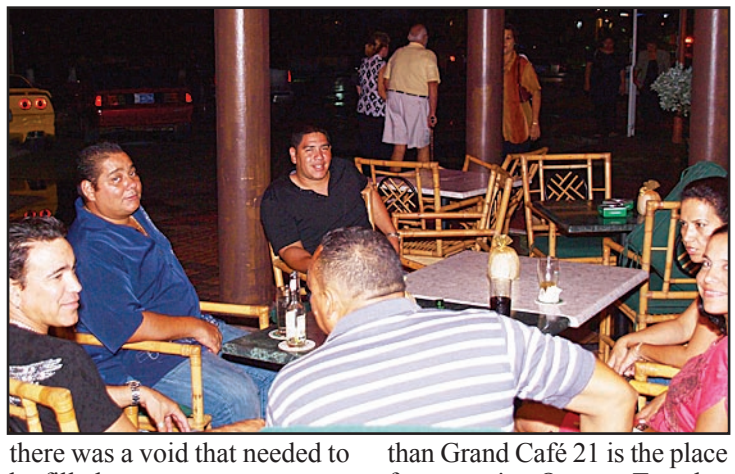




Michael, Mireille and team.







For all those on Aruba who have long wished for a place to relax and enjoy favorite music and stimulating conversation, there is now a place "for the rest of us," in Palm Beach; the recently opened Grand Café 21, located in what was formally Pavarotti's and Bella Luna restaurants.

The new owners, Michael and Mireille Heilker have converted the formal restaurant into a cozy lounge/eatery where one can come to enjoy a gourmet meal from veteran Chef Wim Elzing, a fusion of French with a Caribbean flair, and then stay on to dance and socialize in the relaxed surrounding.

On July 16, Grand Café 21 premiered their first night of live music with popular dance band Los Intocables, a regular weekly event beginning at 10 p.m. Sunday nights will also feature a "Dinner Dansant" for dining and dancing.

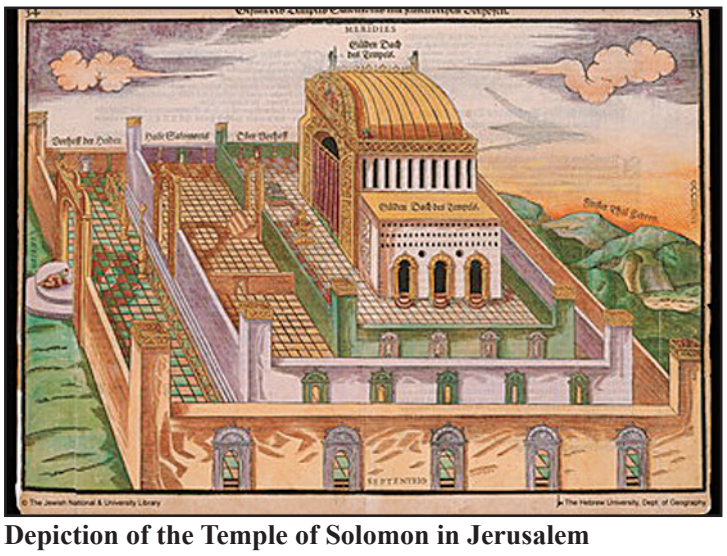
A quick glance at the menu listed gourmet treats such as escargot, frog legs and a hearty crab and corn chowder along with fresh local fish, prime steaks and creative poultry dishes and salads at extremely reasonable prices. The owner's aim is to establish the sort of place where one cares to linger all night long, enjoying the casual but lively ambiance. "We open at 4:00 p.m. and close… whenever," explained Michael, "until the last customer is ready to come home."

Hailing originally from Holland and Suriname, Michael and Mireille have run two very successful and similar eateries in both countries. They confess they couldn't find anything quite like Grand Café 21 on the Aruba, and felt there was a void that needed to be filled.

If you wish to enjoy a full evening of fine dining and dancing as the world used to know, but loud, heavy electronic music is not your thing, than Grand Café 21 is the place for you! Open Tuesday through Sunday, they hope to soon welcome patrons "not as customers, but as friends."

by Rosalie Klein

Sao Paulo will build Temple of Solomon replica



Depiction of the Temple of Solomon in Jerusalem

SAO PAULO, Brazil (AFP) – Brazil will build a replica of Jerusalem's destroyed Temple of Solomon in eastern Sao Paulo, in a four-year, 113-million dollar construction project, local media said recently.

The mega-church, made by the Universal Church of the Kingdom of God, will measure 126-by-104 meters and stand 55 meters high. It will have a 12-floor indoor capacity for 10,000 people, said Agencia Folha news agency.

It will be made of stones cut exactly like those of the original temple, which first went up in 960 BC, was destroyed by the Babylonians in 587 BC, rebuilt and destroyed again by the Romans in the year 70. The Wailing Wall is its only remains.

City authorities have already approved the contruction project for the Bras neighborhood, the agency said.

CAR TOONS

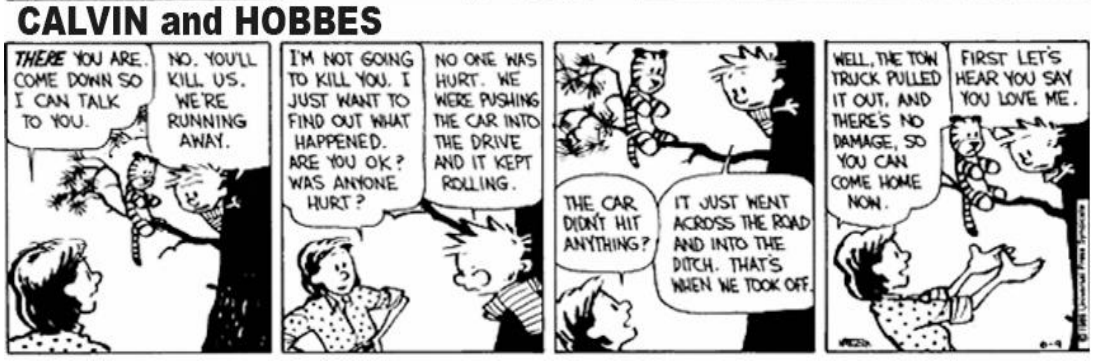
PICKLES



MOMMA



CALVIN and HOBBES

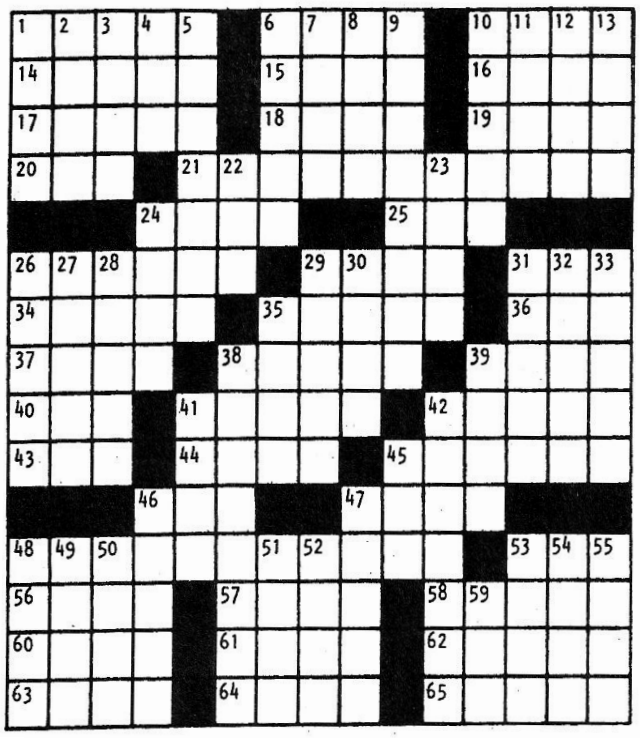


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ACROSS
1. Clever
6. Hunk
10. Slammer unit
14. Gray, for one
15. Read carefully
16. Inkling
17. Legal excuse
18. India's locale
19. Thieves' haunts
20. Not gross
21. Leftovers: 3 wds.
24. Quiz answer
25. Standard
26. Fairy
29. Attempt
31. Desire
34. Concert grand
35. Emcee's asset
36. Expert
37. Budget item
38. Dashing young man
39. Strong discomfort
40. Behave
41. Standard English
42. Kentucky Derby entrant
43. Affirmative
44. Court words
45. Deserving
46. "Dombey and ___"
47. Egg part
48. Capote opus: 3 wds.
53. Govt. agent
56. Form of carbon
57. Cozy corner
58. La Scala event
60. Sicilian volcano
61. ___ Stanley Gardner
62. Criminal
63. Bambi
64. Jill's destination
65. Two-faced

DOWN
1. Read with care
2. Donut nonpart?
3. Dismounted
4. Steal (from)
5. Before: 2 wds.
6. Suit unit
7. Deprivation
8. Highlight for Sills
9. Tall, lanky person
10. Apple drink
11. Biblical garden
12. Grant temporarily
13. Girl
22. Library book word
23. Social appointment
24. Shade
26. Use an atomizer
27. Portion
28. Carries on
29. Wild success
30. Conceal
31. Separately
32. Kind of stew
33. Cash
35. Opening in Vegas
38. Hot off the press: hyph.
39. Pig
41. Office game
42. Keep at a distance: 2 wds.
45. Romance
46. Kind of energy
47. Hayseed
48. Chilled
49. Short letter
50. Walking stick
51. Drill
52. Lounge about
53. Tumbled
54. God of love
55. Hamlet, for one
59. Sweet ___



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Fri.-Sun. 9 p.m.-2 a.m.

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Tel: 5696910

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Horacio Oduber Hospital
Tel.587-4300

EMERGENCY
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POLICE HDQS
Telephone 100

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professional taxi services
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Sudoku

	3	4	6					
6				7	9			2
8			5			6	4	
		6		1			5	
			9		6			
	2			4		1		
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SOLUTION

9	3	4	6	8	2	5	1	7
6	5	1	4	7	9	3	8	2
8	7	2	5	3	1	6	4	9
4	9	6	8	1	7	2	5	3
5	1	3	9	2	6	8	7	4
7	2	8	3	4	5	1	9	6
3	4	5	7	6	8	9	2	1
1	8	7	2	9	3	4	6	5
2	6	9	1	5	4	7	3	8

Complete the grid so that every row and every column contains the numbers 1 through 9
A number is Never repeated in a row or column.
In addition every rectangle must contain the numbers 1 through 9

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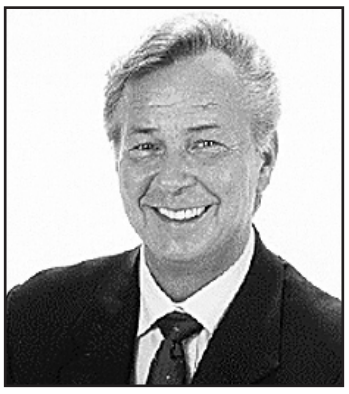
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How to write ad copy that is so powerful and compelling, customers are FORCED to buy --Part 1--

by Ken Varga



Hi, I am Ken Varga. I want to share with you some of the ideas, strategies, and principles that allowed me to build 35 businesses during my career.

By earnestly applying the ideas, you will learn how you too can build your business to success, while living an unhurried life, filled with family, friends, fun and a relaxed attitud.

Welcome again to another exciting Tip.

Since ads are an important tool of attracting customers, I'm going to show you how to write powerful ads starting with this Tip.

Since this is a lengthy project, that we'll discuss it over the next few Tips.

"How to write order pulling ads"

One of the most important parts of any business is selling the product or service you have. Without sales, your business cannot exist for very long. All sales begin with some form of advertising.

To build sales, advertising must be seen or heard by potential buyers and then, cause them to react in some way.

This is why the structure of the Ad is so critical.

The credit for the success or the failure will always revert back to the ad itself.

The absolute Bottom Line in any ad is really simple.

You must persuade the reader to buy the product or service.

Any ad that causes the reader to only pause in their thinking, to just admire the product, or to simply believe what's written about the product, is not doing its complete job.

When you write your ad, you want the prospective customer to do one of the following:

1. Visit your establishment to see and judge the product.

2. Immediately write a check and send for the merchandise.

3. Phone for an appointment to hear the full sales presentation.

4. Write for further information.

Take a look in your local newspaper at the ads and tell me if any of them accomplish the above.

Very few do and to me they are image advertising versus direct response.

Any ad that does not elicit the desired action is an absolute waste of time and money.

There are many formulas about how to accomplish the above.

A very brief one is a formula known as AIDA.

Attract the ATTENTION of your prospect

Develop the INTEREST of your prospect in the product

Create new DESIRE for the product.

Demand an ACTION from the prospect.

Never forget the basic rule of writing ads.

"If the ad isn't read, it won't stimulate any sales. If it isn't seen, it can't be read. If it doesn't grab the attention of the reader, it won't be seen."

Successful ad writers know these fundamentals completely.

Whether you know them already or you're just now being exposed to them, your knowledge and practice of these basics will determine your future success as an advertising copywriter.

Well, that's it for this Tip.

Over the next couple of Tips I'll be going over the AIDA formula in more detail and how you can use it in your Classified Ads or Display Ads.

So until our next Tip, think about what we just went over and how it could work in your business.

To your success,

Ken Varga
Ph: 888-682-2596; Fax: 888-682-2597
Email: ken@kenvarga.com
Website: www.kenvarga.com
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YESTERDAY'S Crossword Answer

PUZZLE 138

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Seven banks fail Europe's stress test

LONDON/MADRID – Seven European banks are not strong enough to withstand another recession and would face a capital shortfall of 3.5 billion euros ($4.5 billion), far less than expected, stoking fears the keenly-awaited stress tests were too soft.

While the modest findings cast doubt on the credibility of the bank tests -- released yesterday in a bid to restore investor confidence -- with the European economy apparently improving fast, some analysts said that may not matter.

Five of Spain's smaller regional lenders, known as cajas, failed the test and their recapitalization will almost complete a state-funded drive to consolidate the country's network of its unlisted savings banks.

They need 1.8 billion euros, the Bank of Spain said.

Banks in Germany and Greece were also seen as weak spots and in need of restructuring, but state-owned Hypo Real Estate was the only German lender to flunk and state-controlled ATEbank was the only Greek bank to fail.

Analysts had expected five to 10 banks to fail the test, but estimated the capital shortfall could be over 30 billion euros. As expected, no big banks failed the health check.

"Arguably the failure here is not the banks concerned, but the test itself. There is little evidence that the tests have been applied consistently and there is a distinct lack of credibility, making this a wasted opportunity," said Richard Cranfield, Chairman Global Corporate Group at Allen & Overy.

The Committee of European Bank Supervisors (CEBS), a previously little known group with 25 staff at a small London office that coordinated the process, said its test was more severe than the U.S. process.

Europe tested how 91 banks would cope with another recession and losses on government debt after the Greek crisis hit markets and raised fears the euro zone could unravel.

It aimed to repeat a health check on U.S. banks last year that helped restore investor confidence and underpinned a recovery by bank shares.

With latest data showing signs of a strengthening recovery in Europe, banks could find themselves in a healthier position than expected, perhaps explaining the muted market reaction.

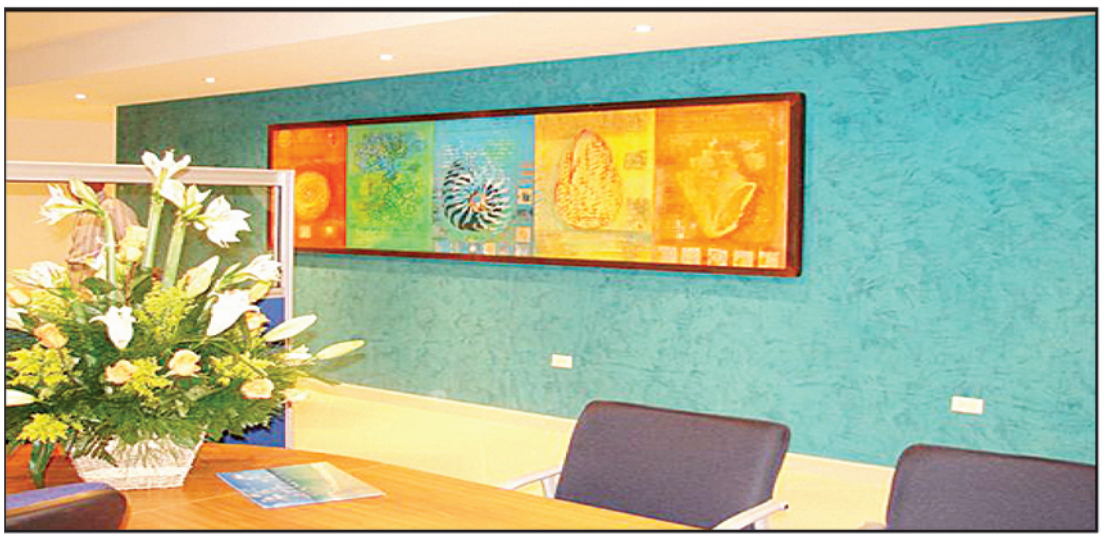
The euro fell against the dollar as some investors cast doubt on whether stress tests were tough enough but German government bond futures fell on relief that they threw up no nasty surprises.

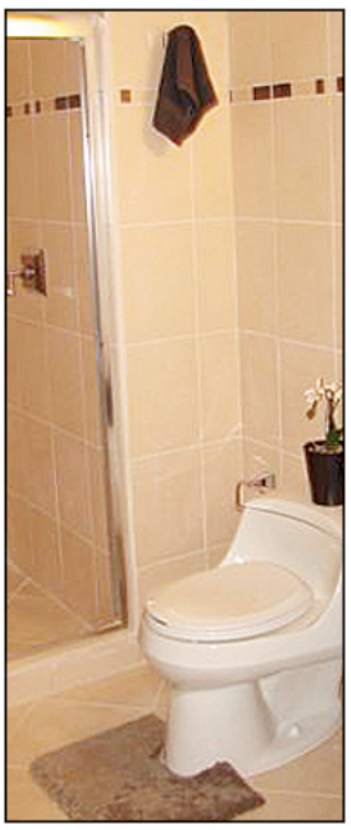
European bank shares ended up on the week, before the results were announced, and the cost of insuring the debt of most European banks fell afterwards.

"Despite questions about transparency and how the Euro stress tests don't measure up to the U.S. tests last year, I think these tests will start to put these euro zone concerns behind us," said Chris Rupkey, chief financial economist at Bank of Tokyo/Mitsubishi UFJ in New York.

"There might be some initial disappointment leading to some selling on Monday when European markets reopen, but the market will soon get over it."

Acqua Condominiums Aruba reports accelerated construction pace









Acqua Condominiums Aruba reports that the first wing of the East Tower has reached the highest point of construction. Developers have just poured the 14th floor concrete beams, and are gearing up for the launch of the second wing construction.

Mid-year, Acqua Condominiums Aruba will be pouring the foundation for the South Tower, and begin work on community amenities such as the lagoon-style pool and tropical garden, the club house, business center, spa, restaurant and grand lobby, followed by the debut of the North Tower and the completion of the entire ambitious project by 2012.

Built on 30.278 m2 of property land this exciting condominium project continues to attract buyers and investors, lured by the upscale elegance of the complex Mansions, Penthouses, Suites, Studios and Residences.

General Manager Jenner Florez and Managing Director Oscar Helmeyer report that the development company is planning on doubling its workmen capacity within the next few weeks. Construction specialists recently laid off by the oil refinery will find new employment at Acqua Condominiums as plumbers, electricians and carpenters join the force in order to work on building the interiors.

"Work on the site has been in full swing since January 11th, when construction workers returned from their well-deserved Christmas vacation," explains Helmeyer. "And we are at the moment in negotiations with the department of labor to extend the number of work hours to 18 a day, maintaining two full-shifts of laborers, and resulting in accelerated construction pace."

Acqua Condominiums Aruba began construction one year ago, and has been met with great enthusiasm from the get go. A stylish and contemporary sales center on Palm Beach, on the construction site, includes a number of model apartments with Kohler bathrooms and faucets, European style kitchens with granite tops, brand-name appliances, porcelain tiles, floor to ceiling UV-filtered hurricane proof windows and doors, all tastefully furnished and finished, and available for viewing.

Great steaks are a family tradition at El Gaucho Restaurant



Mega Skewer

Aruba's longest established and most popular Argentinean steakhouse, El Gaucho, is still going strong after 33 successful years. Two-time winner of the prestigious Wine Spectator Award of Excellence, the restaurant proudly displays the numerous accolades it has received from other such notable wine and food societies as Chaîne des Rôtisseurs, as well as coveted awards for excellence such as the Worldwide Marketing Organization of Mexico, Golden Trophy for Quality Award of Excellence from France, Arch of Europe for Quality from Business Initiative Directions of Germany and International Award for Tourism, Hotel and Catering Industry from Spain.

Recognized around the world for its quality of service and cuisine, El Gaucho's heartiest applause comes from its loyal clientele, who recommend the restaurant to friends and family with complete confidence in their satisfaction.

When asking a frequent island visitor where they go for a great steak, you will find most frequently their #1 choice will be The Gaucho Steak; a generous portion of prime tenderloin, charcoal-grilled to perfection. El Gaucho Restaurant also boasts the biggest shishkebab in the Caribbean, as well as a varied menu of fresh local fish and seafood, and everyone's favorite cut of steak and ribs.

2009 has brought some welcome changes; an expanded food and wine menu and the restaurant is now open on Sundays. A variety of lamb and veal dishes now garnish the menu, as well as a hearty 20-oz rib eye to satisfy your appetite.

El Gaucho Restaurant is open for lunch and dinner Monday through Saturday from 11:30 a.m. until 11:00 p.m., and on Sunday from 5:30 p.m.. Visit their online guestbook at www.elgaucho-aruba.com, and peruse the glorious praise their receive from their devoted fans, as well as the updated menu.





Study: Beach umbrellas do not block all solar radiation



MADRID, Spain (AFP) – Hiding out under a beach umbrella may offer you far less protection from the sun's harmful ultraviolet radiation than you expect, according to a new study by Spanish researchers.

As much as 34 percent of ultraviolet radiation, found to cause skin cancer and cataracts, reaches the ground covered by a beach umbrella, the University of Valencia researchers found.

This is because the umbrellas catch almost all of the direct rays but not the diffused radiation that penetrates through from the sides, according to the research published in the journal Photochemistry and Photobiology this week.

To carry out the study, researchers placed an ultraviolet ray sensor on the base of a blue and white canvas umbrella with a radius of 80 centimeters (12 inches) and a height of 1.5 metres.

"The umbrella intercepts the direct radiation that comes from the sun, but part of the diffused radiation, which makes up approximately 60 percent of the total, reaches the sensor from the sky not covered by the umbrella," study co-author Jose Antonio Martinez-Lozano said.

In addition to the use of umbrellas, doctors recommend people use sun creams, hats and clothing when at the beach to guard against ultraviolet radiation, and avoid hours when the sun is at its highest.

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Ageing with HIV: The hidden side of world's AIDS crisis

VIENNA, Austria (AFP) – The world will face a mighty social and medical challenge as millions of people with HIV survive into old age, the world AIDS forum has heard.

The problem is only now becoming apparent as the first generation living with the human immunodeficiency syndrome (HIV) head towards their 60th birthday and beyond, thanks to the lifeline of antiretroviral drugs, say specialists.

These survivors are mainly in western nations, where the precious therapy first became available from 1996.

But they will soon be followed by millions of counterparts in sub-Saharan Africa and other poor countries where the drug rollout started in the middle of the last decade.

That these men and women should have stayed the course is itself a stunning testimony to antiretrovirals -- and, say some of the survivors themselves, something of a miracle.

"We lived from day to day," Jean-Luc Romero, 51, a councillor for the Paris region, told AFP, as he recalled the situation in 1987, when he learned of his HIV status.

"There was no point planning beyond that. We saw people dying all around us, and we would say, 'That will be us one day.' We didn't think about the future, because the present was all we had. I remember thinking, 'I won't live beyond 30'."

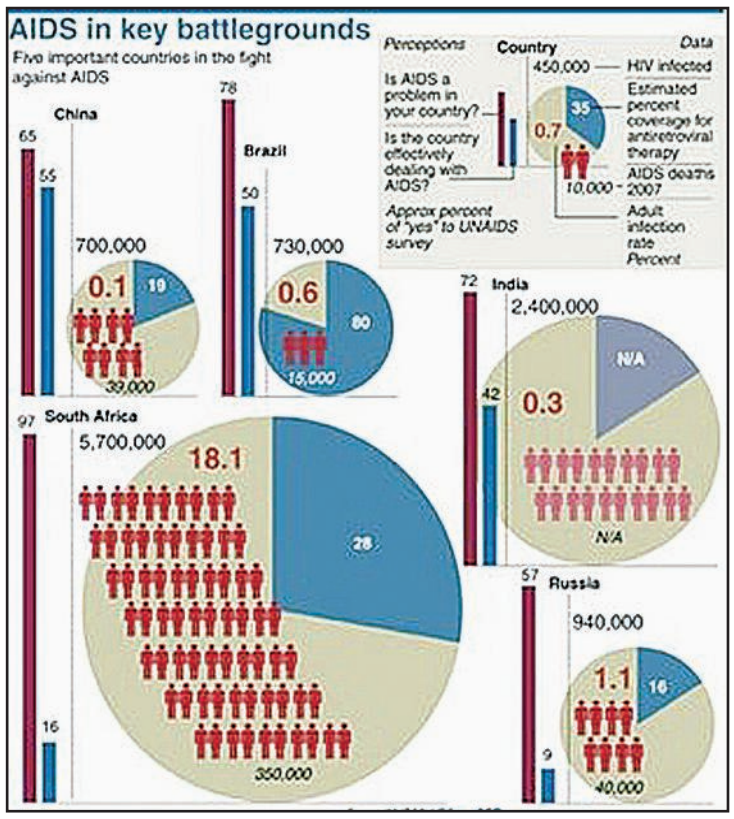
AIDS first came to light in 1981. Before antiretroviral treatment developed, people usually progressed to the disease within a decade after infection by HIV, and died a year or two afterward.

For many of those now advancing into old age, living with HIV will be fraught with medical problems, loneliness and stigma and worries about finance, a seminar at the 18th International AIDS conference heard on Wednesday.

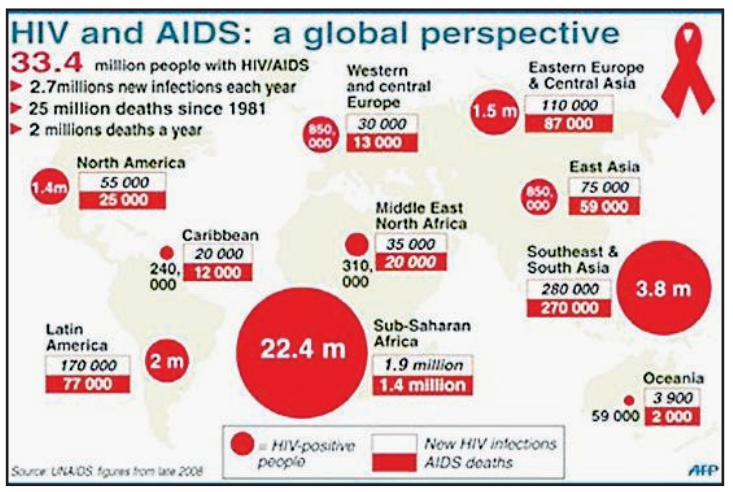
"There have always been older people with HIV, but what is new is the numbers, that will require new public health thinking compared to the past," said Gottfried Hirnschall, director of HIV/AIDS at the UN's World Health Organisation (WHO).

"We have to discuss this subject," he said. "Ageing with HIV is not just a clinical challenge, it is a clinical and a social challenge, and it's not just confined to one part of the world versus another."

Lisa Power, policy director with the British AIDS charity the Terrence Higgins Trust, said that even though people with HIV were living longer, their quality of life was often darkly overshadowed by worry.



Graphic showing statistics from five key countries in the fight against AIDS. UNAIDS has identified Brazil, Russia, India, China and South Africa as important battlegrounds in the global AIDS epidemic.



Her organisation carried out a questionnaire of 410 people with HIV aged more than 50 living in Britain, which was then followed up with 40 in-depth interviews.

The respondents were likelier to be unemployed than healthy counterparts and had meagre savings, often because they had expected to die before they got old and so had never put money to one side.

Many were socially isolated, fearful of the double discrimination against old age and AIDS, and fretted about the day when they ultimately would be admitted to hospital or a nursing home.

Research presented by Margaret Hoffman-Terry of the American Academy of HIV Medicine provided statistic evidence of the scale of the problem.

In the United States alone, fewer than 20,000 people with HIV in 1995 were older than 50. In 2005, this figure was 120,000.

In the 55-plus group, Americans with HIV were three times likelier than a healthy man aged 70 to have a chronic health problem, she said.

The complications of HIV -- and the side-effects of powerful antiretrovirals that have to be taken each day for the rest of one's life -- breed a long list of sicknesses.

They include depression, hypertension, diabetes, lipodistrophy (a redistribution of fat around the body), metabolic disorders, osteoporosis, heart, liver and kidney disease and cancer.

"In the future we are going to see patients living decades, and we are going to have to figure out ways of getting them to a healthy old age," said Hoffman-Terry.

Cavendish wins 18th stage, Contador still in yellow



Cavendish celebrates on the finish line as he wins the 198 km and 18th stage of the 2010 Tour de France

BORDEAUX (AFP) - Britain's Mark Cavendish claimed his 14th career success on the Tour de France Friday after coasting to victory in a bunch finish to the 18th stage over 198km from Salies-de-Bearn to Bordeaux.

Alberto Contador retained his eight-second overall lead on Andy Schleck a day ahead of the final time trial over 52km that will decide whether the Spaniard wins the yellow jersey for the third time.

Met on the podium by Hollywood stars Cameron Diaz and Tom Cruise, who had spent the day watching the action, Astana rider Contador was all smiles.

And the Spaniard appeared sure of his eventual triumph when he gave signed yellow jersey gifts to the two actors.

"Here is a yellow jersey, which I hope to win on Sunday," the Spanird said.

Schleck meanwhile is hoping to create his own drama today and cause what would be the biggest upset on the race since American Greg LeMond beat France's Laurent Fignon by eight seconds in 1989.

"It's all or nothing," said the Luxemburger, who trailed in 1min 45sec behind Contador in the final time trial of last year's race.

"I'm going out there with no pressure. I've got nothing to lose."

Cavendish sealed his reputation as the race's most successful sprinter in decades with a master class to his rivals on one of the last stages likely to finish in a bunch sprint.

The HTC-Columbia rider has been missing lead-out man Mark Renshaw since the Australian's exclusion from the race last week but that proved no handicap as Cavendish borrowed Alessandro Petacchi's wheel instead to finish with room to spare.Tour de France class standings after 18th stage - Results

Points:

1. Alessandro Petacchi (ITA/LAM) 213 pts
2. Thor Hushovd (NOR/CTT) 203
3. Mark Cavendish (GBR/THR) 197
4. José Joaquin Rojas (ESP/GCE) 167
5. Robbie McEwen (AUS/KAT) 162

King of Mountains:

1. Anthony Charteau (FRA/BTL) 143 pts
2. Christophe Moreau (FRA/GCE) 128
3. Andy Schleck (LUX/SAX) 116
4. Alberto Contador (ESP/AST) 112
5. Damiano Cunego (ITA/LAM) 99

Team stage:

1. Lampre 13h51:27.
2. Bbox - Bouygues at 0:00.
3. Garmin 0:00.
4. Euskaltel 0:00.
5. Rabobank 0:00.

Team overall:

1. RadioShack 264h36:07.
2. Caisse d'Epargne at 8:30.
3. Rabobank 33:39.
4. AG2R 37:58.
5. Omega Pharma - Lotto 50:16.



Choi puts Open champion Oosthuizen in Swedish shade



K J Choi

STOCKHOLM (AFP) - South Korea's K J Choi opened up a one-shot lead at the halfway stage of the Scandinavian Masters on Friday, denting British Open champion Louis Oosthuizen's hopes of lifting the title.

Choi, a regular on the US Tour and whose only previous victory in Europe was the 2003 German Masters, is one shot ahead of Swede Richard Johnson and two better off than South African Oosthuizen.

The 40-year-old Korean carded a second round 67 to add to his opening 68 for a nine under par total while Oosthuizen added a two under par 70 to his opening 67.

Two weeks ago Choi switched to a "side-saddle" putting method, but after missed cuts at the John Deere Classic and then in the Open at St Andrews, he has gone back to a conventional style.

"I need more practice at it," said Choi who eagled the long 15th - his sixth hole of the day - and birdied three of the next four.

Oosthuizen, bidding to be the first player to win a European Tour title the week following a British Open triumph, said he has no plans for any drastic changes to his putting style.

"You've got to do what you've got to do, but I think I'll stick to my routine," said the 27-year-old South African.

Johnson's only European Tour success was eight years ago in Australia, but the 33-year-old's bogey-free 66 was the low round of the day.

Johnson's compatriot and playing partner Jesper Parnevik, out of golf since February after the discovery of a career-threatening fractured vertebrae, quit after 11 holes of his second round.

That was longer than he feared he might last and Parnevik, five over at the time, will now continue the rehab which he hopes can make him a Tour regular again.

Miyazato, Nocera, shine at rain-hit Evian Masters

EVIAN-LES-BAINS (AFP) - Japan's Mika Miyazato defied atrocious weather and two delays to post a second round of 67 to take the halfway lead in the Evian Masters here on Friday.

But Miyazato's thunder was almost stolen by local girl Gwladys Nocera who attracted most of the attention as she also shot 67 and surged into second place.

It could have been even better for the 35-year-old who uses the course as a regular practice venue.

She birdied the short 17th from 15 feet to join Miyazato on nine under par, but hit a tree and dropped a shot at the long 18th. In fact, she holed a good putt from 12 feet for bogey to finish on eight under.

Nocera, a three-time Solheim Cup player and the European No. 1 player two years ago, has struggled in her five previous appearances at Evian. Her best performance was a tie for 41st and she has suffered the embarrassment of missing the cut on her past two attempts.

"But I do love playing here and, this time, I just went out and enjoyed it," said the player who lives in Gland, close to Geneva.

Miyazato - no relation to the world No.1 and defending champion Ai Miyazato - had six birdies in her round, and was especially pleased to hole from ten feet for birdie at the last.

A 20-year-old who lives in Florida and went to the IMG Academy in Bradenton, she is in her second year on the LPGA Tour with a fourth place her best finish.

While her English is patchy, she clearly understood the question as to whether she was ready to win. Beaming broadly, she replied: "Almost."

The big names had a mixed bag.

The Miyazato who won last year, Ai, had a 72 for three under, while US Women's Open Champion, Paula Creamer, posted a 73 for even par. Cristie Kerr, the American world No.2, dropped a shot at the last for a 73 and one over.

Michelle Wie, was in contention at three under par through nine holes, but then ran up a nine via some bushes at the tenth and finished with a 77 and down in the pack on one over par.





Steelers extends Tomlin's contract



The Pittsburgh Steelers have announced that Head Coach Mike Tomlin's contract has been extended for two new years through at least the 2012 season. The deal includes an option year which could extend the contract through 2013. Financial terms of the deal were not disclosed.

Tomlin, 38, will enter his fourth season as Steelers head coach in 2010. He became the youngest head coach in NFL history to coach and win a Super Bowl when he led the Steelers to a 27-23 victory over the Arizona Cardinals in Super Bowl XLIII at the age of 36.

"Mike Tomlin has proven to be one of the top head coaches in the National Football League in a relatively short time," said Steelers' President Art Rooney II. "His unique ability to lead the team and motivate individuals have been key factors in our success over recent years."

Hired in 2007 at the age of 34, Tomlin has compiled a 31-17 (.646) regular-season record, including two division titles in his three seasons as head coach. He is the only Steelers' head coach to have won division titles in each of his first two seasons.

"I have been blessed to have the opportunity to be the head coach for the Pittsburgh Steelers," said Tomlin. "I am excited to have the opportunity to live and work in this great city, and to focus on the true matter at hand, which is winning football games and bringing another Super Bowl title to Pittsburgh."

So long LeBron, hello Eyenga for Cavaliers



CLEVELAND (AFP) - The Cleveland Cavaliers signed their first player since the departure of superstar LeBron James, completing a deal Friday with Christian Eyenga, a forward from the Democratic Republic of Congo.

The Cavaliers selected the 21-year-old African 30th overall in the 2009 NBA Draft. Eyenga played in Spain last season to improve his skills, averaging 3.9 points and 2.0 rebounds over 29 games for Joventut Badalona.

The 6-foot-5 Eyenga played five games last week in NBA summer league contests for those seeking roster spots, averaging 11.4 points and 4.2 rebounds plus a blocked shot a game and hitting 43.5 percent from the field as his team went 3-2.

"Like all rookies, I want to work hard," Eyenga said through a translator.

"Every time I've started something new, it has been tough, but I'm going to try to work to get some minutes. I want to learn my role and get on the floor as soon as possible."

The Cavaliers had been thwarted twice before in free agent deals after losing James, the two-time NBA Most Valuable Player who departed for Miami as a free agent earlier this month.

Houston guard Kyle Lowry was signed to an offer sheet but the Rockets matched the deal to keep him, while free agent forward Matt Barnes rejected a contract offer and signed with the NBA champion Los Angeles Lakers.

After calling his mother to say his NBA dream had come true, Eyenga began preparing for the transition to life in America.

"When you start over, everything's new, so I'm just a little nervous about life in general," Eyenga said. "Food is going to be different, my schedule, how I'm going to work with my new teammates - everything."

Baseball to begin HGH testing in minors

Major League Baseball announced this past week that it will institute blood testing of Minor League players for the detection of human growth hormone, effective immediately, becoming the first U.S. professional sports organization to conduct testing for HGH.

"The implementation of blood testing in the Minor Leagues represents a significant step in the detection of the illegal use of human growth hormone," Commissioner Bud Selig said in a statement. "The Minor League Program employs state-of-the-art testing procedures and the addition of HGH testing provides an example for all of our drug policies in the future."

Baseball's testing program for performance-enhancing drugs until now has not included testing for HGH, which is naturally produced and previously has been seen as difficult to detect. The HGH testing announced Thursday falls under MLB's Minor League Drug Prevention and Treatment Program, which was introduced in 2001, so it does not affect players currently on 40-man Major League rosters.

Blood sample collection will be conducted by the National Center for Drug Free Sport, the organization that currently performs all urine sample collections under the Minor League testing program. Blood samples will be collected from the non-dominant arms of randomly selected players after games, and the samples will be shipped to the Sports Medicine Research and Testing Laboratory in Salt Lake City for analysis.

"We fully support these programs that will help eradicate performance-enhancing drugs from baseball," said Pat O'Conner, president and CEO of Minor League Baseball. This is just another step in that direction."

The move to begin HGH testing in the Minors could be made by MLB because Minor League players are not members of the Major League Baseball Players Association. While HGH is banned in the Major Leagues, players only undergo urine testing, which is not used to detect HGH.

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Brazil chase Ramalho to succeed Dunga

RIO DE JANEIRO (AFP) - Brazil have targeted Muricy Ramalho to succeed Dunga as national team coach, but the plan has not been given the green light by his club Fluminense who lead the regional championship.

"Now it's up to him to resolve things, taking into consideration that he is under contract to Fluminense," Ricardo Teixeira, the head of the Brazilian Football Confederation (CBF)said.

Fluminense have Ramalho under contract until December.

He led Sao Paulo to the Brazilian championship in 2006, 2007 and 2008 as well as to the runners-up spot at the Copa Libertadores.

The new Brazil coach, who will be handed a deal up to the 2014 World Cup which is being staged in Brazil, is expected to be named on Monday with local media predicting Corinthians boss Mano Menezes as the other name in the frame.

Dunga wsas sacked after Brazil were knocked out of the World Cup by the Netherlands.

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Blanc suspends France's W.Cup flops



Laurent Blanc

PARIS (AFP) - New coach Laurent Blanc launched a new era in French football on Friday when he handed out a one-match suspension for all 23 players who brought World Cup shame and humiliation.

Blanc, who has replaced Raymond Domenech, surveyed the wreckage of the team's South Africa misadventure and banished the entire squad for the August 11 friendly against Norway.

Former Manchester United defender and Lyon coach Blanc refused to elaborate on his bold move but told his first press conference as coach earlier this month: "I can't act as if nothing happened in South Africa.

"I followed events with great sadness. I was disappointed by the sporting performance but I was above all outraged by certain behaviour. I'll take stock of these elements in my analyses and thoughts."

French football chiefs also unveiled a new president Fernand Duchaussoy on Friday and his first act after assuming command was to issue a summons to Domenech to explain France's disastrous World Cup.

Domenech's last act as national manager was to refuse to shake the hand of Carlos Alberto Parreira after the Brazilian's South Africa dished out a beating to the fallen former world champions.

Duchaussoy commented: "Inacceptable unethical situations were committed, for example not shaking the hand of a rival coach, and not to warn the president (Escalettes) who was on site, of the events that took place at half-time of the France v Mexico match."

He was referring to Nicolas Anelka's foul-mouthed dressing room tirade at Domenech in France's second group game which resulted in the Chelsea striker being kicked out of the squad in disgrace.

That triggered the infamous player revolt with all of France's remaining 22-man squad refusing to train in support of Anelka before their final game against hosts South Africa.

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Montreal Dawson's leads trio for enshrinement

COOPERSTOWN (AFP) - Montreal Expos slugger Andre Dawson, former manager Whitey Herzog and retired Major League Baseball umpire Doug Harvey will be inducted into the Baseball Hall of Fame on Sunday.

Dawson, the only player inducted in this year's media vote, might be the last member of the Expos to claim a place in the shrine, the club having moved to Washington in 2005, nine years after Dawson completed a 21-season career.

Two buses from Montreal filled with supporters are set to make the 250-mile trip to watch the ceremony.

It took nine years for Dawson, a .279 career hitter with 438 home runs and 1,591 runs batted in, to earn the 75 percent approval needed for induction.

Dawson, 56, began his career with the Expos in 1976 and spent 11 seasons with the Canadian club before joining the Chicago Cubs for six seasons. He later played for Boston and Florida before retiring in 1996.

Herzog, 78, became the 19th manager to win a place in the Hall. His first managerial post was with Texas in 1973 and followed by taking over the California Angels in 1974 before a five-year stint at Kansas City.

But it was with St. Louis from 1980 through 1990 where Herzog made his biggest impact, guiding the Cardinals to the 1982 World Series crown as well as three National League titles and six division titles.

Harvey, 80, handled 4,670 games from 1962 through 1992, including appearances in five World Series.


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